

Alexander Technique

with Lyn Charlsen Klein

Lyn Charlsen Klein was certified to teach the Alexander Technique in 1977, training with Frank Ottiwell and Giora Pinkas in San Francisco. Lyn is a founding Board member (1987) of the Alexander Training Institute of Los Angeles and has been on faculty since its beginning. Lyn was Director of Training from 1996 to 2014. and is currently one of six Directors of Training at ATI-LA as well as senior faculty on the Teacher Training Course.

Lyn taught the Alexander Technique at the USC School of Theater from 1980 - 1995 and at California State University at Los Angeles 1989 - 1999. Lyn has given lectures/demonstrations and conducted courses for Alexander training programs and the general public on a national basis. She maintains a private practice in Van Nuys and in Santa Monica.

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